



Are you providing **unpaid support** to a **partner, family member or friend** because of **illness, disability or mental health difficulties** related to their **use of drugs or alcohol**?

If so, we want to hear from you. You have valuable insights into;

- the support needs of other people just like you
- what barriers you face in accessing support, and
- what you would like support services to look like

How do I get involved?

📞 Call now on **07704 004022** and ask to speak to Nic. You can get more information about the research and also register your interest to take part in a 121 interview or focus group.

or

📱 Scan the QR code below with your smart device to complete a survey



or

📧 Email nicolamarlor@firstcontactclinical.co.uk to ask for the survey in a different format (or if you don't have a QR code reader)



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Are you receiving **support** related to your use of **drugs or alcohol** from a **partner, family member or friend?**

This could be support with a variety of things such as personal hygiene, shopping, supporting with emotional needs, cooking or medication

If so, we want to hear from them. They have valuable insights into;

- the support needs of other people just like them
- what barriers they face in accessing support, and
- what they would like support services to look like

How do they get involved?

📞 Call now on **07704 004022** and ask to speak to Nic. They can get more information about the research and also register their interest to take part in a 121 interview or focus group.

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